



**YEŞİM YILAN**

## CONTACT INFORMATION

Date of birth: 29/12/1990 |

Nationality: Turkish

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📍 Tarabya mah. Şen Aydın sok.

No:21/5 Sarıyer-İSTANBUL

## LANGUAGES

Turkish: native

Kurdish: native

English: upper-intermediate

Farsi: beginner

German: beginner

## SKILLS

Fast learner

Problem-solving

Teamwork

Time management

Flexibility and creativity

## DIGITAL SKILLS

Good command of MS office and

SPSS

## MEMBERSHIPS

Amnesty international

TODAP (Psychologists for Social Solidarity)

## EXPERIENCE

### FELLOW/PSYCHOLOGIST

#### INSTITUTE FOR JUSTICE AND RECONCILIATION (SOUTH AFRICA)

23/03/2022-13/06/2022

-It's purpose is for Fellows to engage in a selection of experiential learning seminars with resource persons, site visits and individual research into issues around transitional justice in South Africa and the rest of Africa.

### PSYCHOLOGIST

#### TURKEY BAR ASSOCIATION GAZIANTEP(TURKEY)

01/12/2020 -15/03/2022

-Conduct psychological interviews with refugees (children, adolescents, and adults) and treatment development  
-Monitoring cases and counselling services through psychological assessment and diagnosis  
-Organizing development training for refugees and the team

#### SOCIAL WORKER (PSYCHO-SOCIAL REHABILITATOR) ASSOCIATION FOR SOLIDARITY WITH ASYLUM SEEKERS AND MIGRANTS, ISTANBUL

01/01/2018–30/09/2019

-Managing immigrant care services and integration of immigrants, Monitoring cases  
-Organizing women's development training  
-Working in a multicultural environment

### PSYCHOLOGIST

#### ASSOCIATION FOR SOLIDARITY WITH ASYLUM SEEKERS AND MIGRANTS, KIRKLARELI (TURKEY) 01/10/2015–

01/06/2017

-Conduct psychological interviews with refugees (adults and children)  
-Organized events and PSS activities targeting women and children  
-Supported the integration of Syrian, Afghani Pakistani and Africans in Turkey

### PSYCHOLOGIST

#### ÖZEL GÜNEŞLİ EVREN REHABILITATION CENTER, ISTANBUL

01/06/2014–03/02/2015

-Treated children with disabilities  
-Held training for their families related to communication, self-care and various approaches to children care  
-Organized events to provide awareness about autism and down syndrome

### PSYCHOLOGIST INSTRUCTOR

#### MIND ENGINEERS, ISTANBUL

04/02/2015–30/09/2015

- Instructed psychologists for Objective Psychological Tests

### SOCIAL MEDIA EXPERT

#### ISTANBUL INSTITUTE OF PSYCHOLOGY, ISTANBUL

01/01/2014–01/01/2015

-Managed social  
media that resulted  
in increased  
awareness about  
the availability of  
training for  
psychologists

## EDUCATION

### TRAUMA AND MENTAL HEALTH SPECIALIST(MSC)

ISTANBUL BILGI UNIVERSITY

01/10/2017-02/02/2021

Thesis: 'Examining the news about Syrian refugees between

2011-2019 within the framework of discrimination and psychosocial support concepts'.

### PSYCHOLOGY (BSC)

ISTANBUL AYDIN UNIVERSITY

15/09/2009-10/05/2014

## CERTIFICATIONS AND TRAINING

- Mindfulness-Based Stress Reduction (MBSR) - Ayşe Dayı/Freie University, Berlin
- Coaching psychology group work - Jale Öncü/Reading University, London
- Somatic Experience and Movement Tuğçe Tuna/Mimar Sinan University
- Objective Tests (Bender Gestalt Visual Motor Sensory System, Benton Visual Memory, Peabody Picture - Vocab, Gesell Developmental, Kent Ege, Proteus Labyrinths, Frostig Visual Sensory System, Metropolitan School Maturity, Denver Developmental) - Istanbul Institute of Psychology
- Scid and Clinic Scales - Istanbul Institute of Psychology
- Cognitive and Behavioral Therapies, Center for Behavioral Studies & Therapies, Istanbul (Trainer: Prof. Dr Ebru Şalcıoğlu)
  - Clinical Assessment and Case Formulation
  - Panic Disorder
  - Agoraphobia and Social Anxiety
  - Posttraumatic Stress Disorder
  - Obsessive-Compulsive Disorder
  - Generalized Anxiety Disorder and Depression
  - Eating Disorders
  - Personality Disorders
- Advanced education in dynamic therapies (HAKAN KIZILTAN)
- WISC-R Operator Certification - Istanbul Psychology Institution
- Projective Tests - Istanbul Psychology Institution
- TAT & CAT Operator Certification - Istanbul Psychology Institution
- Child Protection, UNHCR - (BIA/BID)
- Protection, UNHCR
- Best Interests Procedures and Introduction to Child Protection Case Management, UNHCR
- Art Therapy Introduction, Sanat Terapileri Derneği
- Case management for Gender-based violence, UNFPA

- Capacity Building for Refugee Mental Health Project (Care Plus) Advanced Training Module, UNFPA - Istanbul Bilgi University)
- Human Rights Education, Amnesty International

## REFERENCES

Tamer Aker  
Istanbul Bilgi Üniversitesi  
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Programme Assistant at United Nations Population Fund  
(UNFPA) Eastern Europe and Central Asia Regional Office  
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